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by **vive** health

OWNER'S MANUAL
CROSS SUPPORT BACK BRACE
SKU: SUP2059BLK



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CROSS SUPPORT BACK BRACE

WEARING THE CROSS SUPPORT BACK BRACE

The Vive Cross Support Back Brace helps patients suffering from back pain by protecting injured lumbar intervertebral joints and by limiting waist movement. The moderate compression relieves or alleviates pain and soreness of the waist and lower back muscles.

1. Detach the outer compression straps if attached, these will be secured at the end of the fitting process.
2. Align the center of the brace to the center of your back.

NOTE: A removable lumbar pad is included to provide additional support if desired.



3. Grab the main secure straps and loop your thumb through the front thumb hole and insert your hand through the front hand pocket.



4. Pull the right strap using the thumb loop then pull the left strap using the hand pocket over and secure in place.



SUP2059BLK

5. Grab the outer straps and adjust the compression as needed. Secure the straps in place when a comfortable fit is achieved.



6. To remove the brace, unhook the outer straps first followed by the inner straps.

CARE INSTRUCTION

- Spot clean with a damp cloth.
- Air Dry.
- DO NOT machine wash or dry.

WARNINGS

- Consult your doctor before use of this brace.
- Stop use if pain persists or worsens.
- Assistance may be required during application of the support.
- DO NOT overtighten the straps, doing so may impair blood circulation.
- DO NOT wear the brace while sleeping.



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