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by vive health

OWNER'S MANUAL
4 IN 1 STEP-DOWN LSO

SKU: SUP3011



To see all FAQs in one place, visit [coretechortho.link/dbn](https://www.coretechortho.com/link/dbn)

STEP DOWN LSO

WHAT'S INCLUDED

- 1x Belt
- 1x Low Profile Back Panel
- 1x High Profile Back Panel
- 2x Side Panels
- 1x Anterior Panel
- 1x Coretech Key

CARE INSTRUCTIONS

Spot clean with a damp cloth, air dry. Do NOT machine wash or dry.

WARNING

The product is intended for application by a licensed health care practitioner as directed by a physician or other qualified medical authority. Permanent injury may result from use other than as directed by a physician or other medical authority.



ADJUSTING THE BRACE

Before putting the brace on, it's important to adjust the brace to a suitable size. The upper left and upper right are labeled so that the user can identify the correct orientation when adjusting or putting on the belt. There is a size range representing the waist size printed on the inside of the belt.



TO ADJUST SIZING:

1. Disconnect the fabric fasteners on each side of the belt from its tab on the back panel.
2. Fold each side of the belt to the desired size. The fold in the strap will determine the functional length of the straps.



3. Reattach the straps to the fastener tabs on the back panel.



L1499 LSO CONFIGURATION

This design is the most basic model. There are no side panels or back panels required. Use the brace completely stripped down.

FRONT ORIENTATION



BACK ORIENTATION



627 LSO CONFIGURATION

The 627 configuration requires the addition of the low profile back panel.

Open the mesh cover on the back side of the low profile panel.



Connect the low profile back panel to the belt and secure the mesh cover over the pulley system.



FRONT ORIENTATION



BACK ORIENTATION



631 LSO CONFIGURATION

The 631 configuration requires the addition of the high profile back panel.

Attach the high profile back panel on top of the low profile back panel.



FRONT ORIENTATION



BACK ORIENTATION



637 LSO CONFIGURATION

The 637 configuration requires the addition of the high profile back panel plus the rigid side panels.

With the high profile back panel already attached, add the 2 side panels, one to each side, for additional support.



FRONT ORIENTATION



BACK ORIENTATION



639 LSO CONFIGURATION

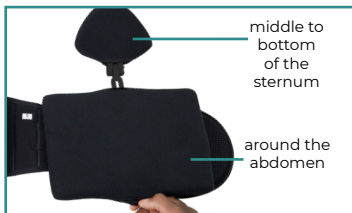
The 639 configuration requires the addition of the anterior panel for torso support and motion restriction in all three planes of motion.

ANTERIOR SUPPORT SIZING:

1. Open the fabric cover of the bottom anterior panel and loosen both screws.



2. Place the anterior support on the patient with the bottom panel around the abdomen and the top panel in between the middle to bottom of the sternum.



3. Note the length and tighten the screws to secure in place.

4. You can also adjust the angle of the top anterior panel for further support. Loosen the two screws located on the side of the hinge.



5. Place the support on the patient and adjust to the desired angle. Tighten the two screws back in place to secure.



6. While keeping the back panel centered and both belt straps open, position the anterior support to the patient's front and wrap the belt to secure in place.



PUTTING THE BRACE ON

1. Position the brace so that the back panel is right side up and centered on your spine, just above the waist and the size labels on the inside are facing right side up.
2. While keeping the back panel centered, wrap the left-side strap around and hold it against your abdomen. While in position wrap the right-side strap over the left to secure it in place.
3. Grab the compression cords using the thumb loops and slowly pull the cords in unison away from your body until the desired amount of compression is achieved.



4. While keeping the cords pulled to the desired compression, bring each thumb loop around and secure it to the front of the brace.



NOTES

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