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by vive health

OWNER'S MANUAL
833 UNIVERSAL KNEE BRACE
SKU: SUP3046BLK



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833 UNIVERSAL KNEE BRACE

ADJUSTING THE HINGE

It is recommended to adjust the hinge angle before putting the brace on, however, hinge adjustments may be made while wearing the brace if preferred.

The nature of this dual hinged knee brace requires that you set the same hinge angle on both sides of the brace.

1. Open the hinge cover and select your extension angle, you can choose from 0, 10, 20, 40, 60, or 90 degrees. Use the connected pins to lock in your selection.
2. Select your flexion angle, you can choose from 0, 10, 20, 40, 60, 90, or 150 degrees. Use the connected pins to lock in your selection.



APPLICATION (Assistance may be required)

1. Sit on the edge of a sturdy chair with your knee straight.

2. Detach both hinge pads from the brace.



3. Align the brace over the knee.



Attach both hinge pads so that they are flush with the side of your legs.



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4. Attach the side knee pads.



5. Firmly adjust the top strap and then the bottom strap.



6. Adjust the flexion or extension feature of the hinge to your preference if you did not do so already.



CARE

Do NOT machine wash or dry. Hand wash cold and air dry.

WARNINGS

- Consult your doctor before use.
- Stop use if pain worsens.
- Assistance may be required during application of this support.
- Do not over tighten, doing so may lead to restricted blood circulation.
- If you experience any pain, swelling, sensation changes, or any unusual reaction while using this product please consult your doctor immediately.



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