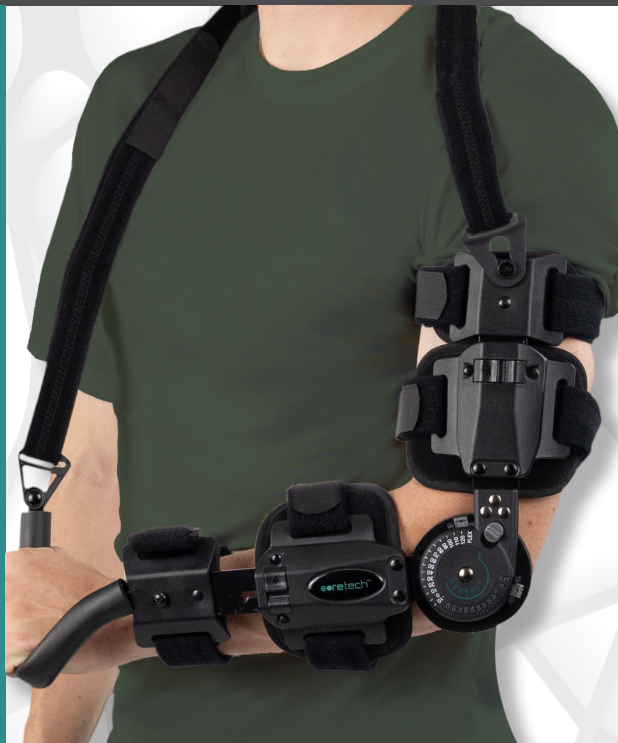


www.coretechortho.com

coretech[®]
by vive health

OWNER'S MANUAL 760 ROM ELBOW BRACE

SKU: SUP3058BLK



To see all FAQs in one place, visit [coretechortho.link/92b](https://www.coretechortho.com/link/92b)

SUP3058BLK

760 ROM ELBOW BRACE

WHAT'S INCLUDED



- 1x ROM Elbow Brace
- 1x Detachable Shoulder Strap
- 1x Hand Support Bar
- 1x Locking screw
- 1x Allen key

PREPARING THE BRACE

How to adjust the length (16.5" - 20.5")



For a video demonstration,
check out coretechortho.link/frj

For packaging, the brace will come set to the shortest length, adjustments may be required.

1. Use the push button mechanism along the side of the brace to adjust the length.



2. Test the length, the top should wrap mid-bicep, the bottom should wrap around your wrist, and the hinge should be centered at the elbow joint.



HOW TO ADJUST THE STRAPS

Each strap comes with removable Y-straps to allow for a custom fit if the straps are too long.

1. Remove the Y-straps.



SUP3058BLK

2. Use the folding method to test the length before cutting. Mark the location you wish to cut, fold at this point, and then reattach the Y-strap to the fold to test the adjusted length before cutting.



****If you do not wish to cut the straps, you can keep using the folding method during use.****

3. Once the strap length is confirmed you can cut and reattach the Y-straps.



HOW TO CHANGE THE FLEXION (BEND) DEGREES (-10 - 120 DEGREES)

With the splint in a straight position, press and slide the flexion button on the hinge to the desired angle.



HOW TO CHANGE THE EXTENSION (-10 - 90 DEGREES)

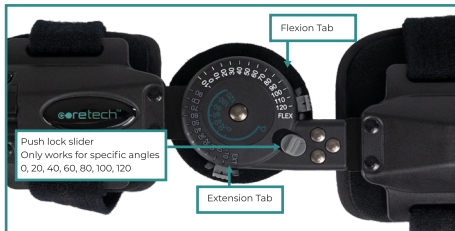
Before you attempt to lock the angle of extension you should make sure that the brace is either already positioned at the desired angle or further above. If it is not, the slider will not move or lock. For example, if you want to lock the extension at 50 degrees, you need to make sure the brace is positioned at 50 degrees or higher.

Press and slide the extension button on the hinge to the desired angle.



LOCKING AT A SPECIFIC ANGLE

The Push Button Slider will only lock in properly at the listed angles: 0, 20, 40, 60, 80, 100, & 120 degrees, but you are able to lock the hinge in place at any angle necessary by securing the flexion and extensions tabs on either side.



SUP3058BLK

Select the angle needed for the patient then push in both the flexion tab and extension tab to lock the angle in place. There should be no movement from either side.



PUTTING THE BRACE ON

Note: Assistance maybe required.



For a video demonstration,
visit coretechortho.link/z5u

1. Undo all straps and lay the brace on a hard flat surface, such as a tabletop.



2. Place your arm so that the elbow joint lays directly on top of the hinge pad.



3. Secure the 2 inner straps then the 2 outer straps and adjust the length as needed. Keep the straps loose.



4. Lift your arm up and rotate the entire brace 90 degrees counter-clockwise. The hinge will be at the center of your elbow joint.



5. Lay your arm back on the table and secure the straps to a comfortable fit.



SUP3058BLK

USING THE SHOULDER PAD

Note: Assistance maybe required.

Loop the shoulder strap through the d-ring at the wrist end. Then secure the opposite end to the peg at the top of the brace.



Wrap the strap over your shoulder and adjust the length as needed. Remove the Y-straps and shorten the length if needed.



USING HAND GRIP PAD (OPTIONAL)

1. Insert the hand support bar into the slot on the front of the brace near the wrist.



2. Secure the hand support bar by setting the locking screw in place and tightening it with the given Allen key.



3. Once secured, the shoulder strap can be attached to the plastic d-ring at the end of the hand support bar.



CARE INSTRUCTIONS

- To clean the pads, remove each pad from the brace. Hand wash the brace pads in cold water with a mild detergent.
- The shoulder strap is also hand washable in cold water with a mild detergent. Air dry completely before use. Do not tumble dry.
- Wipe the brace down with a damp cloth and mild detergent as needed. Dry immediately with a lint-free cloth.

SPECIFICATIONS

- Length Adjustment: 16.5" - 20.5"
- Max Circumference Range (Top Straps): 30"
- Max Circumference Range (Bottom Straps): 20"
- Brace Weight: 1.22 lbs.
- Adjustable flexion: -10 - 120 degrees
- Adjustable extension: -10 - 90 degrees
- Shoulder Strap Length: 62.5"

WARNINGS

- This device does not prevent injury and is not intended to reduce or eliminate the risk of injury.
- Always consult with your physician before using or making changes to the fit of the brace.
- If you experience pain or swelling, contact your physician immediately. This device is intended for single patient use.
- The brace is not waterproof. Do not submerge in water and dry immediately if it gets wet.



Distributed by

vive
health

8955 Fontana Del Sol Way
Naples, FL 34109
1-800-487-3808
www.vivehealth.com