

www.coretechortho.com

coretech[®]
by vive health

OWNER'S MANUAL
QUICK LACE ANKLE BRACE
SKU: SUP3073BLK



To see all FAQs in one place, visit [coretechortho.link/3b9](https://www.coretechortho.com/link/3b9)

SUP3073BLK

QUICK LACE ANKLE BRACE

INSTRUCTIONS

1. Loosen all straps and laces. Insert foot into the boot portion of the brace. Adjust the tongue of the brace to fit comfortably between your sock and the laces. Tighten and strap the laces onto the brace.



2. Wrap the inside (medial) strap forward across the top of the foot and under heel, securing on the opposite side of the ankle.



3. In a similar fashion, wrap the outside (lateral) strap forward across the top of the foot and under the heel to the opposite side of the ankle.



SUP3073BLK

4. With foot flat on the floor, use the finger loops at the top of each strap to firmly pull up and away on the straps to tighten. Reattach both straps to the side of the brace.
5. Secure the ankle brace with the elastic cuff closure, covering the laces and straps.
6. There are removable splints on both sides of the brace. Take these off for a more relaxed fit.



CARE INSTRUCTION

Remove side splints and hand wash with cool water. Hang to dry.

WARNINGS

- Carefully read fitting instructions.
- This device will not prevent or reduce all injuries.
- For single patient use only.
- If you experience increased pain, swelling or any adverse reactions while wearing this brace, consult your physician.
- Periodic adjustments may be necessary depending on your level of activity.



Distributed by

vive
health

8955 Fontana Del Sol Way
Naples, FL 34109
1-800-487-3808
www.vivehealth.com