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ANKLE BRACE

SUP1057BLK



To see all the FAQ's,
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QUICK START GUIDE

DIRECTIONS

Follow the same steps for both Left and Right ankles.

1. Lay the brace flat on the ground with the inside of the brace facing up. Put your heel into the hole.
2. Adjust the top strap that is above the ankle. Be sure this is securely in place. Attach extender to trap if necessary. Extenders may be trimmed to desired length for a more comfortable fit.
3. Bring the single rounded strap over the top of your foot.



4. Attach the fasteners with two smaller straps over the strap with the single rounded strap. Bring the third long strap between the two smaller straps.



5. Bring the remaining two straps up and around the ankle.



6. Adjust the fasteners to make sure they are securely in place.



CARE INSTRUCTIONS

- Hand wash cold with a mild detergent.
- Hang Dry.